

Stepping Up Course Guide 2020

What is the National Youth Theatre's Stepping Up Course & How do I apply?

Stepping Up is a OCNLR Level 2 accredited 4 month drama training programme, offering young people aged 19 - 24 who have not yet achieved a full level 2 qualification the opportunity to gain a Certificate in Progression in Theatre which is equivalent to 5 GCSE grades A-C or equivalent. You can use the link on the website to apply for the course. We will then get in touch to let you know a day when you can come in for a chat and meet the course manager. This will give you a chance to ask more questions and learn more about the course

Who is eligible for a free place?

Places are available to NYT members and non- members. You are eligible for a **FREE** place if you are:

- **19 – 23 year olds (you must be 19 or over on 31st August 2019)**
- **You do not yet hold a full level 2 qualification**
- **You are 24 years old – 26 years old and in receipt of benefits.**

Priority is given to those who fulfil the criteria above and we welcome applications from young people who may have experienced challenging life circumstances. Be that having SEND, disabilities, having been unwell or recovering poor mental health, ex young offenders, young or single parents, care leavers, young carers.

When and where is the course?

The course is based at Highshore SEN School in Camberwell in South London and runs for four months from April – July 2020 on a part time basis.

How many people take part?

The Stepping Up Company is made up of 14 members.

What should I expect during the Stepping Up Course?

The course focuses on performance skills such as physical theatre, improvisation, devising, and performance skills. There is also a focus on development of confidence and study skills such as team building and leadership which allows you to explore your strengths and areas for development. In the last weeks of the course the group will work towards a Final Sharing which will be performed to an invited audience.

What happens after the course?

Our vocational course is delivered in partnership with City and Islington College and aims to develop drama and theatre skills and to provide a Level 2 accredited qualification with OCN London. This enables you to progress, be this to Playing Up our Level 3 Access to HE course in Theatre Arts, other Level 3 courses or to gain employability skills in communication, team work and the building of confidence and self esteem. Many of our young students have gone on to complete their level 3 course with us in the Playing Up company, with many graduates pursuing a career in theatre, and continue their training either within the industry, drama schools, Universities or with the NYT REP Company.

Can I apply for a bursary?

Throughout the course all participants that require travel support will receive a travel bursary designed to support their travel to classes. We are able to offer support of up to £5 per day per student for each day attended – this is usually provided on a designated Oyster Card which is allocated to each student and is topped up at the start of each week.

For more information about Stepping Up, please get in touch with either of our project managers, Simone Waller at Simone.waller@nyt.org.uk or Emily Doherty Emily.doherty@nyt.org.uk