

# Inclusion Programme

## Easy Read

National Youth Theatre is a theatre company for young people aged 14-25.

Young people audition to join National Youth Theatre by performing a short scene from a play. When they have joined, they can take part in our courses and our theatre shows.



Making sure that everyone feels equal is very important to the National Youth Theatre.

We want everyone to feel like they can take part.

We have created some workshops and lessons – called our ‘Inclusion Programme’ – to make sure everyone feels confident and able to get involved.

We especially want to make sure disabled and neurodiverse young people feel confident and able to take part.



In 2018 we started to work with our friends [Diverse City](#). They are a company who try and make sure everyone can get involved in theatre and art.



They taught us and the NYT Associates (teachers) who work for us a lot about how to make our workshops inclusive.

We started to run workshops at Highshore School in London. Highshore is a school where pupils have needs including Downs Syndrome, Autistic Spectrum Disorder, Physical disabilities and others.



In Spring 2018 we ran drama workshops with every class and pupil in the school.

In these workshops we played games, told stories, and worked to improve our communication and confidence skills.



We then ran more workshops with 4 classes at Highshore School.

In these workshops the pupils learnt about movement, how to use their voice on stage and how to write a story.

The pupils and the National Youth Theatre Associates (teachers) they worked with then made a play that they performed to the school about superheroes.



In Summer 2018 young people from National Youth Theatre and some pupils from Highshore School took part in a circus and theatre show at the National Theatre in London.



The pupils and National Youth Theatre members wrote some scenes for the play, performed a song, danced, and did a catwalk.



In 2019 National Youth Theatre has run an after school club at Highshore School.



At this club, we have run more drama workshops. The pupils who take part play drama games, pretend to be different characters, and sing songs.



In the future we would like to do more workshops with more schools.

If you are part of a school who would like to get involved send an email to [participation@nyt.org.uk](mailto:participation@nyt.org.uk)



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